

Packing List | Tlaloc.com.mx – Spanish Language School

Any packing list is of necessity generic but it is a very important frame or skeleton on which you can build your own destination specific list. Be sure to take into consideration climatic variations and the various types of activities you will be attempting on your trip and during your trip.

Remember that this is just a suggested traveling packing list before and during your trip. You don't really have to do or bring the entire following list. It all depends on the length of your trip.

PRE-DEPARTURE

- Passport and ID/driver license
- Emergency Information/waiver form
- Insurance
- Traveler's Cheques
- Credit/Debit cards
- Currency (not much cash)
- Guide Books/maps
- Photocopy all documents (including ticket and passport)

BASICS

- Luggage/travel pack
- Sheet, pillow case
- Towel, face cloth
- Camera/film, charger or batteries
- Wet weather gear (umbrella)
- Water bottle
- Phrase Book/dictionary
- Travel journal
- Address book
- Travel locks
- Luggage ID tags
- Visor or brimmed hat (sombbrero)
- Radio, walkman, CD player or ipod

MAINTENANCE ITEMS

- Flashlight & batteries
- Sewing kit
- Laundry bag
- Medication Aspirin/pain reliever
- Cold medicine
- Contact lens prep
- Diarrhea medicine
- Laxative or stool softener
- Sunscreen
- Antibiotic cream
- Personal prescriptions
- Mosquitoes repellent

TOILETRIES

- Comb/brush
- Dental Floss
- Deodorant Soap - personal & laundry
- Skin care lotions
- Makeup Mirror
- Manicure kit
- Personal hygiene items
- Shampoo/body gel
- Hygiene wiping towels
- Shaving cream
- Hairdryer and gel
- Tooth brush/paste

HOME CHECKLIST

- Stop deliveries
- Have Post Office hold mail
- Arrange care of pets, lawn, houseplants
- Set up timed lighting device
- Leave house key and itinerary with neighbor or relatives
- Leave an answer machine for messages and/or let people know your email in case of an emergency in it
- Empty fridge
- Store valuables in a safe place
- Lock all doors and windows

CLOTHING MEN

- 1-3 pr casual pants
- 1-3 pr dress pants
- 2-4 T-shirts
- 2-4 casual (golf) shirts
- 1-3 dress shirt
- 1 or 2 pullover/sweatshirt
- 1 or 2 pullover/sweater
- 1 lightweight jacket and/or sweater
- Underwear
- Shorts
- Socks
- Bathing suit

- 3 pr Shoes max (runner, sandal, casual)

Choose clothing that breathes, washes easily & dries quickly

CLOTHING WOMEN

- 1-3 pr long pants
- 1-3 skirts
- 1-3 dress/1 pr dress slacks
- Bathing suit
- 2-4 T-shirts/casual tops
- 1-3 casual dress blouses
- Pullover
- Cardigan/lightweight jacket or sweater
- Underwear
- Socks
- 3 pr shoes (runner, sandals, shoes, high heels)
- Keep your color scheme simple, accessories to a bare minimum, and do not bring good jewelry

10 ESSENTIALS

- **Everyday Bag or backpack** it will hold all the valuables you need to keep close: tickets, camera, prescription medication, and reading material)
- **First Aid Kit** (A compact travel health kit is a must.)
- **Passport/money carrier** (It is essential to keep passport or a copy of it and money secure.)
- **Travel watch/alarm** (Lightweight, water resistant and reliable.)
- **Pocket Knife** (Basic blade, can/bottle opener, scissors, tweezers and corkscrew.)
- Electrical converter/adapter
- Flashlight
- Sunglasses
- **Travel Organizer** (For identification, tickets, receipts & addresses)
- **positive attitude** (always smile)

